



Unni & Harald's Trophy 11th - 13th of May 2018



Oslo Turnforening would like to invite you to take part in the Trophies of Unni and Harald. This is the 23rd international trophy since 1994 where our former national and international gymnasts Unni Holmen and Harald Wigaard have the pleasure to invite you to Norway's only international competition for WAG and MAG.

The 2018 competition will take place in Oslo the 11th – 13th of May 2018.

Participation:

Each federation/club may participate with team juniors and seniors men and women (4-4-3). We will also invite youth gymnasts from Nordic countries to an individual competition Friday 11th of May. The Junior and Senior gymnasts will be scored by FIG - regulation, while the Youth will be scored by Junior FIG regulation.

The six gymnasts with the highest score in the different apparatus in the Junior and Senior competition, will qualify for the apparatus finales.

Competition format (according to the FIG Code of Point):

Friday: May 11th: Youth individual all-around competition

Saturday: May 12th: Junior - Senior team and individual all-around competition

Sunday: May 13th: Apparatus finals Junior and Senior.

Competition	Age	All-around format	Format App. Final
Youth women*	11-12 years	I	
Junior women	13-15 years	I	III
Senior women	16 years and older	I	III
Youth men*	11-13 years	I	
Junior men	14-17 years	I	III
Senior men	18 years and older	I	III

* According to the provisions on children's sports in Norway, only youth gymnasts from the Nordic countries can participate in this competition.

Competition venue and contact information

Competition Arena: Haslehallen
Eikenga 6, Oslo
+47 - 23 24 62 80

Contact information:

Åsne Danielsen

E-mail: arrangement@osloturn.no

If you have any questions, please do not hesitate to contact us.



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Competition program

Friday 11th of May:

- 12:00 - 15:00 Competition Arena opens for training Junior and Senior
14:00-16:00 Lunch
15.00 Technical meeting Youth
15.30 – 16.50 Apparatus training in the competition arena Youth
16:00-16.45 Judges meeting women and men in the competition arena.
17.00-19.30 Opening and individual all-around competition – women and men Youth
19.45 Award ceremony Youth

Saturday 12th of May:

- 08.30 Competition arena opens for warm up.
09.00-10.45 Apparatus training in the competition arena – women and men junior.
10.00-10.45 Technical meeting and judges meeting – junior
10.50 Line up and competition opening
11.00-13.30 Individual all-around competition and team– women and men junior
13.45 Award ceremony Junior
12.30-14.30 Lunch
14.00-15.45 Apparatus training in the competition arena – women and men senior
15.00 Technical meeting and judges meeting – senior
15.50 Line up and competition opening
16.00-18.30 Individual all-around competition and team – women and men senior.
18.45 Award ceremony Senior
20.00-21.30 Banquet at Quality Hotel 33

Sunday 13th of May:

- 09.30 – 11.45 Open warm up for finalists. Junior (6) and senior (6) (WAG, MAG)
09:30 Technical meeting
11.00-11.45 Judges meeting in the arena.
12.00-15.00 Apparatus finals – women and men, junior and senior.
14:00-16:00 Lunch
15.30 Award ceremony finals

NB: Changes in the program may occur.

Apparatus supplied: Janssen&Fritzen (Uneven bars, Gymnova)

Number of judges and appointments

Each participating club is obligated to bring one judge for WAG and one judge for MAG if they have 2 or more gymnasts. 2-5 gymnasts= 1 judge, 6-10 gymnasts = 2 judges. All D - judges should be holders of the FIG license for the corresponding cycle. The participating club is responsible for all the economic expanses regarding judges. They are also responsible for booking travel, accommodations and meals for the judges. The organizer will provide food on the judges' tables. The appointment of judges to the apparatus will be made by the organizers.

Awards / Prize Money

Youth: All-round

Seniors: All-around (4/6 app):

Juniors: All-round and apparatus finales

Apparatus Finales:



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Rank 1 NOK 4.000, -
Rank 2 NOK 3.000, -
Rank 3 NOK 1.500, -

Rank 1 Gift + medals for rank 1-3

The Trophies of Unni Holmen and Harald Wigaard will be presented to the best Norwegian female and male senior gymnasts in all around.

Registration

Registration for all participants have to be sent within March 12th. Please fill out and send the registration form that you find on the webpage: <http://osloturn.no/kategori/arrangement/uh/>

Accommodation

Each club are responsible for ordering and payment for accommodation.
The official event hotel where we will have the banquet and offer transport:

Quality Hotel 33

Østre Akervei 33, 0509 Oslo

Telefon: +47 23 19 33 33

www.nordicchoicehotels.no/quality/quality-hotel-33/

Please use the booking code for U&H Trophy 2018: **GR012039** within the 12th of March 2018.

Prices:

Single Room: 640 NOK per night

Dobbel Room: 820 NOK per night

Trippel Room: 1050 NOK per night

Room for four: 1240 NOK per night

The price is per night and includes breakfast and wifi. We also offer transport to the competition arena Friday to Sunday from this Hotel.

Meals.

We offer lunch in the competition arena Friday, Saturday and Sunday. The banquet will be held at Quality Hotel 33 Saturday evening. Lunch and banquet must be ordered in the registration form and pre-paid.

Economy

The cost for each gymnast: NOK 400, -

Team is additional NOK 400, -

Lunch Friday, Saturday and Sunday is NOK 120, - per day, per person

Banquet on Saturday: NOK 300, -. Per person

Transportation between Quality Hotel 33 and competition arena all weekend: NOK: 100,- per person

Transport to Oslo Airport from the competition arena on Sunday: 120 NOK, - per person

The club is obliged to bring one judge pr. team (if 2 or more gymnasts). If a team fails to bring a judge, there will be a fee of NOK 3500, -

The participation federations/clubs must pay all costs regarding traveling, accommodation, judges, and additional gymnasts by themselves. The costs for gymnast fee, transport, and meals must be prepaid to Oslo Turnforening within March 12. 2018



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Payment should be to: SWIFT: DNBANOKK IBAN: NO3770290501227

Travel schedule and local transports

We recommend the delegations who arrives at Oslo Airport Gardermoen, to use the Nor-Way Bus Express - FB3 direct to Quality Hotel 33. This goes every 20 minutes from the platform outside the terminal. Quality hotel 33 offer their guests 50 % discount by using this voucher:

<https://www.nordicchoicehotels.no/globalassets/global/hotel-pictures/quality-hotel/quality-hotel-33/pdf/rabattkupong-flybussekspressen.pdf>

Oslo Turnforening will offer transport directly from the Competition Arena to Oslo Airport Gardermoen after the competition Sunday for 120 NOK per person. This must be pre-ordered in the registration form and payed for to the organizing club.

There will also be a shuttle bus between hotel 33 and the Competition Arena, Haslehallen the whole weekend. Must be ordered in the registration form and pre-payd.

Music:

For WAG please send us the floor music within the 20th of April, to arrangement@osloturn.no

INSURANCE:

The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation, and the like. The FIG Technical Regulations (Section 1, art. 12.10) foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.

WE LOOK FORWARD TO WELCOME YOU TO OSLO

Kind regards Oslo Gymnastics Club

Ann-Mari Steinsland
Leader of the Board
Oslo Turnforening

Sindre Kavli
Sport Manager
Oslo Turnforening